

### Digital inclusion Leaving Nobody Behind

Information and technology for better health and care

## **Our digital life**

"Experts predict that in ten years the internet will be readily available, everywhere, at low cost – embedded in people's lives for good & ill

The greatest impact will be on personal health. Health care will become self administered. We will detect, monitor, diagnose, get advice & treatment, through mobile, wearable & implanted network devices"

But we risk a dangerous divide between the digital haves & have-nots. Networked transactions may benefit smaller & smaller segments of the global population"

*Digital life in 2025. Pew Research, 2015* Views of 2,500 experts & members of public



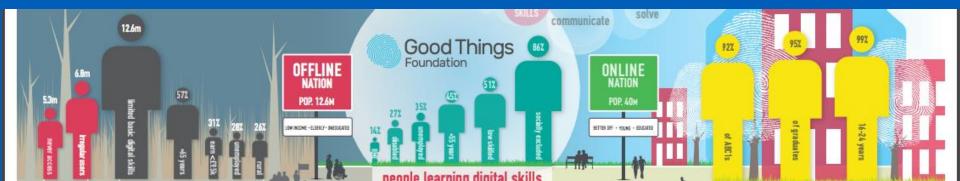
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### **Digital exclusion & inequalities**

One in five people lack basic digital skills (57% of over 65s, 49% of people with disability)

One in ten people have never been online

Those who are least likely to be online are those who most need health & care services



### What have we done?

Widening Digital Participation: three year NHS England programme 2013-16

Worked with social enterprise, Good Things Foundation, to deliver national digital skills programme

Supported 380,000 digitally excluded people through local UK Online Centres in deprived communities

Provided supported access to technology in trusted places with digital skills training



## Having learned digital skills...

- 60% felt more confident in using digital health tools
- 48% have saved time by using health services online
- 32% have saved money by using health services online
- 27% have increased self care & reduced use of primary & urgent care
- 52% say they feel less lonely & isolated

HEALTH & DIGITAL: Reducing inequalities, improving society

An evaluation of the Widening Digital Participation programme.

**JULY 2016** 



### What next?

Next phase of Widening Digital Participation programme

Good Things Foundation selected as delivery partner

Focusing our efforts on areas of greatest need

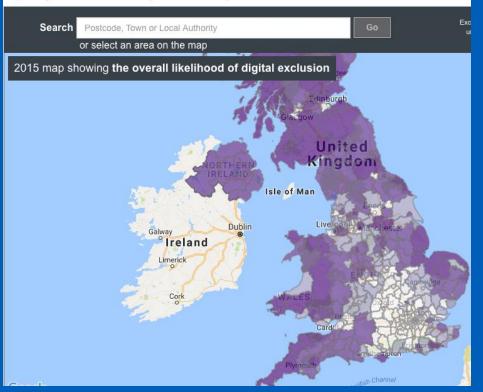
Increasing understanding of barriers to digital inclusion – access, skills, motivation, trust



### **Mapping digital exclusion**

#### from the Tech Partnership

Exploring exclusion from a digital United Kingdom



#### Tech Partnership Digital Exclusion Heatmap Exclusion mapped using data on access (broadband & 4G), digital skills, & social indicators (age, income, education)



# Areas with high digital exclusion don't always match those with health inequalities

For example:

- London has health inequality challenges but digital inclusion is generally good (younger population, good connectivity – 4G & broadband)
- Rural South West has digital exclusion challenges (older population, poor rural broadband) but generally healthier population

But in some parts of the country there is a strong match eg deprived coastal towns



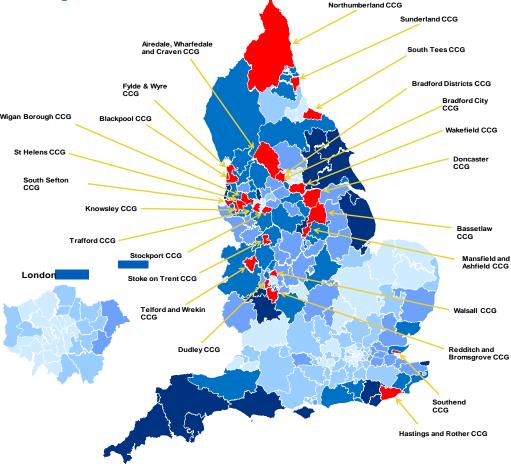
Antidepressants prescribed far more in deprived English coastal towns Rate in Blackpool, Sunderland and East Lindsey almost twice the national average, analysis of NHS prescription data shows

#### **Digital exclusion & health inequalities**

Areas of digital exclusion often map to areas of social deprivation & health inequality...but not always

We've used data to show 25 CCGs where there is the strongest match

We particularly want to work with STPs & CCGs in these areas to pilot ways of combating digital exclusion



## Widening digital participation pathfinders

20 local pathfinders funded over next 3 years Piloting innovative approaches to tackling digital exclusion & digital health inequalities NHS Digital extends scheme to boost digital health skills

Written by PublicTechnology on 21 March 2017 in News

NHS Digital is to run 20 local projects funding to help people improve their digital health skills as part of its widening digital participation scheme.



2017-18 Pathfinders North Central London – young people with mental health issues Sheffield – social prescribing North Somerset – community healthy living shop Stoke – people with long term conditions Bradford – young people as carers Wakefield – hearing & visually impaired people Hastings – homeless & insecurely housed people

### Pathfinder with Seaview, St Leonards



Shadowing Outreach Team

Co-design workshops with professionals & service users

Potential initiatives include peer to peer support with digital skills, and availability of devices loaded with health apps

### Moving digital inclusion from margins to the mainstream

#### NHS

#### Digital transformation blog

Moving digital inclusion from the margins to the mainstream

Bob Gann, September 7th 2017

"There is only so much that can be achieved by a top-down national initiative. If we are going to make a meaningful impact on digital exclusion and digital inequality we need the local health and care system (in particular commissioners) to understand and take ownership of digital inclusion"

#### **Digital inclusion in STP Plans & Local Digital Roadmaps**

We reviewed all 65 Local Digital Roadmaps (LDRs) and STP Plans to assess visibility of digital inclusion - and commitment to improve digital access & uptake

Guidance for developing Local Digital Roadmaps says:

Local health & care systems should pay due attention to the key enablers of the vision including digital inclusion and the digital literacy of the workforce and of patients and carers

So have they....?

# Almost half (30 out of 65) do not address digital exclusion at all – although there are great examples of some that do

There is differing ability to access & take advantage of technologies due to low health & IT literacy across NCL. Citizens will be supported by a network of digital champions to ensure those who are less comfortable with using digital technologies are not disadvantaged **North Central London LDR** 

We need to concentrate on improving digital literacy so that interventions help to bridge, not exacerbate, the digital divide & health inequalities Bassetlaw LDR

Delivering a Digital Inclusion Strategy to ensure exclusion can be minimised through access to the internet & public wi-fi & one stop information points **Doncaster LDR**  We will support digital inclusion so that digital opportunities are available to all who could benefit We will ensure increased digital skills for workforce & citizens

50 digital hubs for free internet access & volunteer digital champions to train those wishing to access the internet Merseyside LDR

#### **Sussex & East Surrey**

Sussex and East Surrey Sustainability & Transformation Plan

# Sustainability & Transformation Plan

A larger than average elderly population, combined with rural areas & variable transport links makes a significant challenge.

Digital priorities include: Shared digital records Prevention & self care technologies E-consultations Urgent care technology as part of NHS111

#### Sussex & East Surrey Digital Roadmap

**Citizen** is one of 5 Digital Roadmap Domains

Digital transformation will support care centred on citizens, providing immediate access to relevant information, whilst enabling individuals to view & contribute to their own record & care plan

#### We'd love to know from you...

- Is digital exclusion recognised as an issue locally?
- If so who cares about it: where does ownership and interest in digital inclusion tend to sit within the local health & care system?
- What agendas have a strong dependency on digital inclusion (eg self care, prevention, long term condition management)?
- Are there any initiatives to support digital inclusion & digital literacy locally?
- What might create the best conditions for sustainable support for digital inclusion (eg. benefits, levers, incentives, best practice)?
- Would a guide to digital inclusion for local health & care organisations be useful?

### Bob Gann Widening Digital Participation Programme NHS Digital

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