



# Shaping Health and Care

5 October 2016



# Agenda

- Welcome and introductions
- A personal story
- East Sussex health and care: our latest thinking
- Break and marketplace
- Sharing decisions about our health care
- Using technology to support independence
- Next steps and staying involved.



# Shaping Health and Care

**Dr Susan Rae**

**Member of Hastings and Rother CCG's Governing  
Body and a local GP**

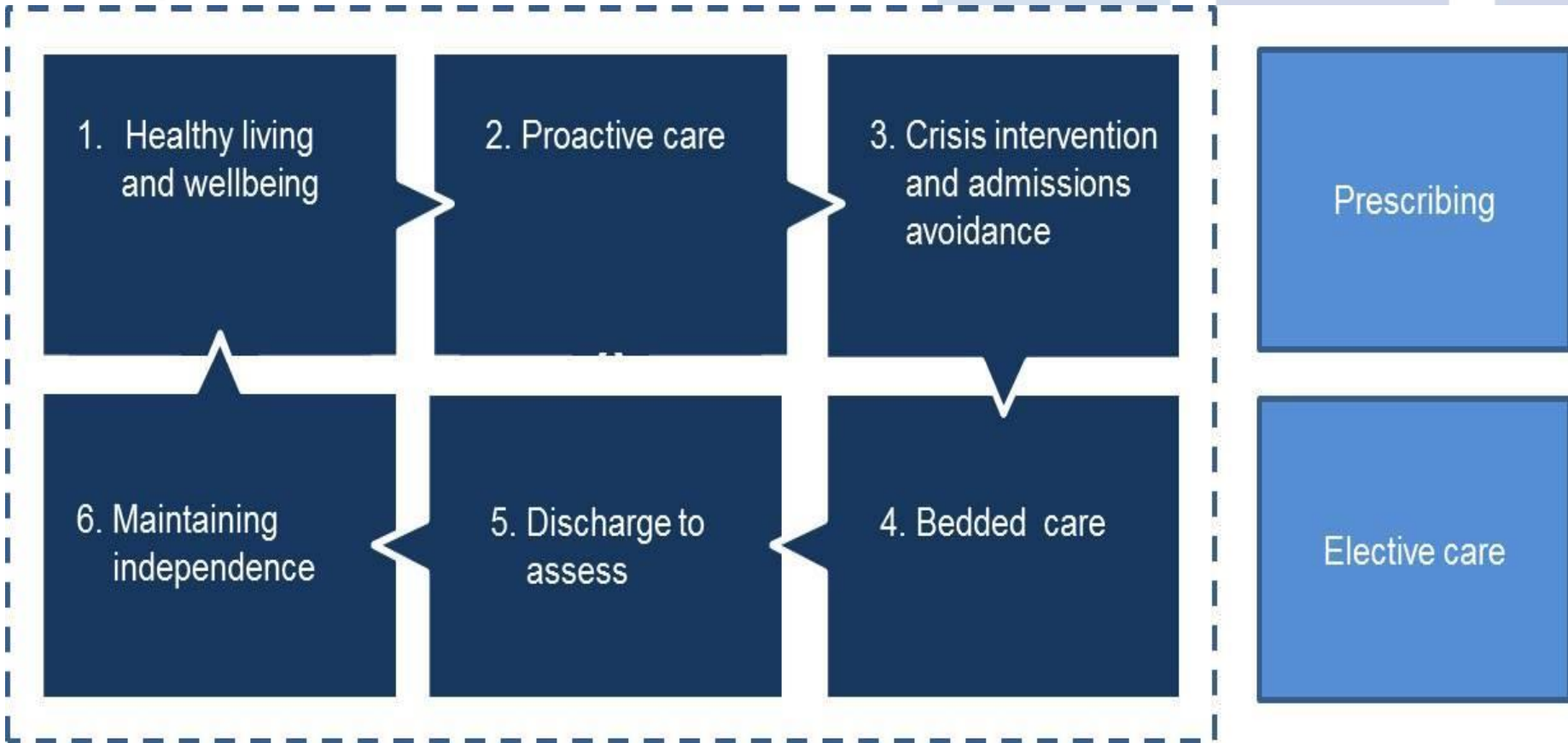


# Fully integrated health and care

- **Week 115** of our 150-week programme to embed a fully integrated health and care system in East Sussex by 2018
- We will use our combined annual budget of £850m to achieve the best outcomes.



# Progress against our whole care pathway '6 + 2 box' model



NHS Eastbourne, Hailsham and Seaford Clinical Commissioning Group

NHS Hastings and Rother Clinical Commissioning Group

East Sussex Healthcare NHS Trust

Sussex Partnership NHS Foundation Trust







# *East Sussex Better Together:* improving the lives of local people

Some snapshots so far:

**Crisis response service** launched  
on 1 July



**Welfare  
Benefits  
Project**

Continuing success for  
**Welfare Benefits Project**

Launch of £1.4m scheme  
to **tackle obesity in  
nursery schools**



*NHS Eastbourne, Hailsham and Seaford Clinical Commissioning Group*  
*NHS Hastings and Rother Clinical Commissioning Group*  
*East Sussex Healthcare NHS Trust*  
*Sussex Partnership NHS Foundation Trust*





**Shaping Health and Care**  
**A personal story - Helen Illger**



# **Shaping Health and Care** **East Sussex health and care**

**Amanda Philpott**

**Chief Officer, Eastbourne, Hailsham and Seaford CCG &  
Hastings and Rother CCG, and**

**Joint Senior Responsible Officer, *East Sussex Better Together***

**Martin Hayles**

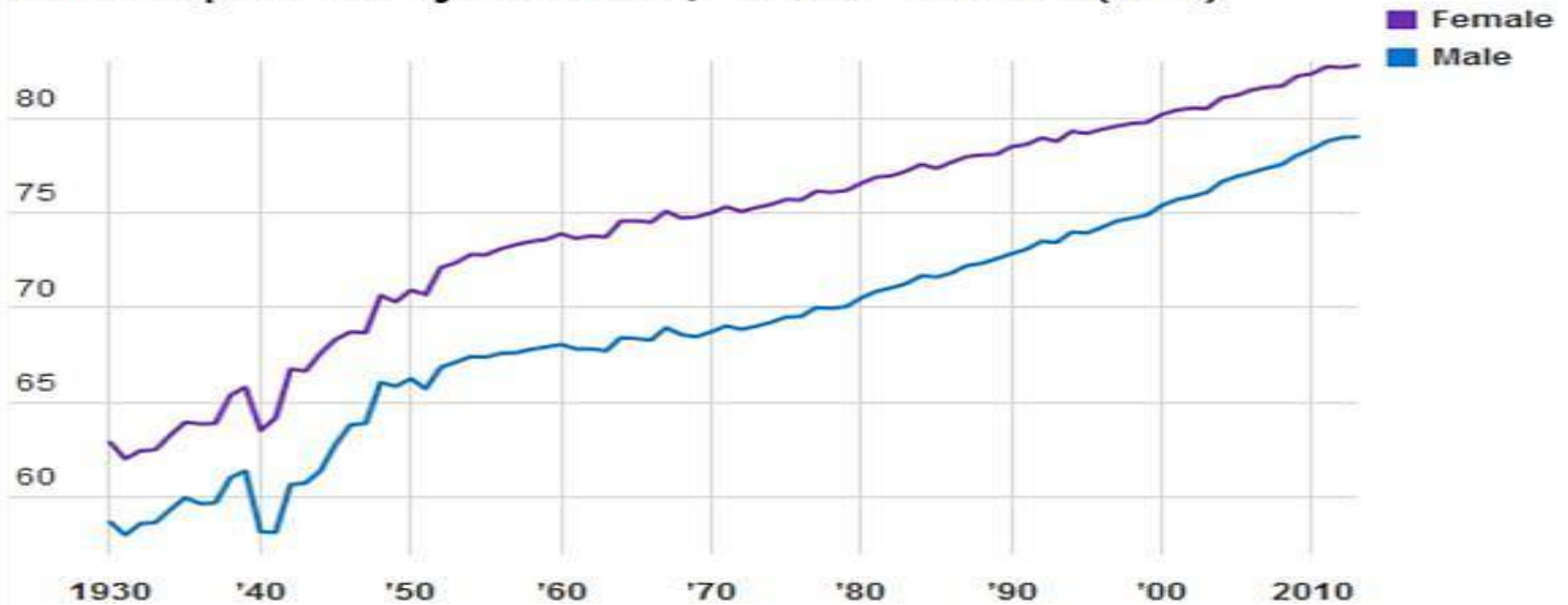
**Assistant Director, Adult Social Care and Health  
East Sussex County Council**





# Recap: the challenge

## Life expectancy at birth, 1930 - 2013 (UK)



Source: [Human Mortality Database](#) [Get the data](#)

NHS Eastbourne, Hailsham and Seaford Clinical Commissioning Group

NHS Hastings and Rother Clinical Commissioning Group

East Sussex Healthcare NHS Trust

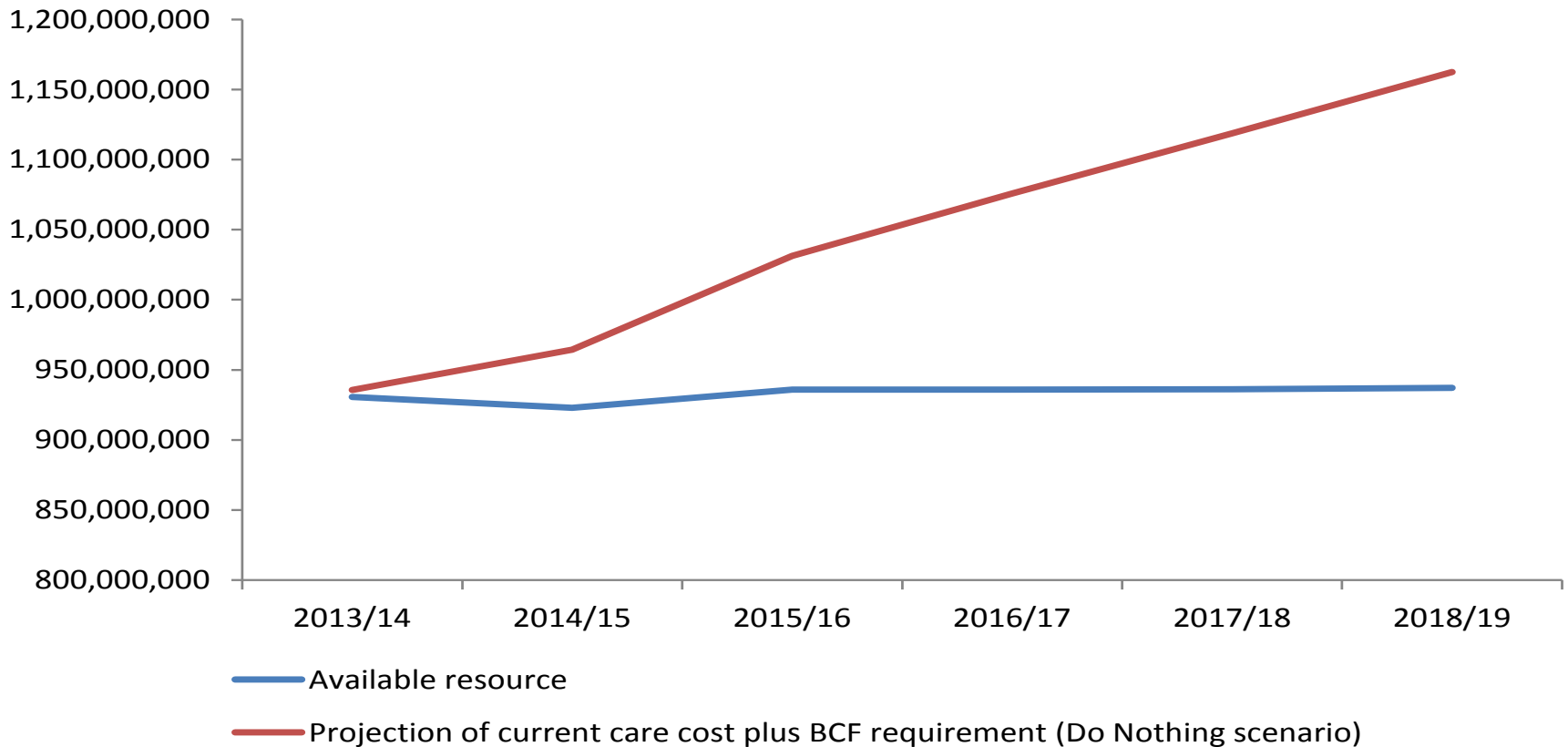
Sussex Partnership NHS Foundation Trust





# Spending £850m wisely, not saving £200m badly

**Headline: Year of care costs: £2,189 to £2,800 if we don't change, we need to aim for c.£2,300**





# Week 115: the next 35 weeks

- Good progress made but integrated care pathways alone will not be enough to meet demand within our combined resources
- It's a global issue – not just in Hastings and Rother

**What would work better?**



# Improvements that can be made by new models of 'Accountable Care'



## *Personal*

Enhance the quality and experience of patient care (the care and quality gap)



## *Population*

Improve health outcomes of populations (the health and well being gap)



## *System*

Reduce the per capita cost of care (the funding and efficiency gap)







# You said...

**You want to be involved in your treatment and care**

**Strong local communities**

**Reduced barriers between primary and acute care**

**Technology that helps you to feel confident in your care**

**Easy access to urgent care**

**Help to live well**

**Single point of access**

**Local services and support**

**Speedy access to diagnostics and therapies**

**Joined up services**

**Better use of services and support in the community**





# Engagement and co-design of new care model

- **Phase 1: January to March 2016**  
Initial discussions, develop understanding
- **Phase 2: September 2016 - March 2017**  
Engagement to inform the outcomes we want to deliver and the design of the model, and how it will be implemented
- **Phase 3: April 2017 – March 2018**  
Engagement to inform implementation and local accountability during the initial test year of the new model.



# Outcomes that matter to local people

- We want to make sure that the outcomes we expect for our model of 'accountable' care are the outcomes that matter to local people
- We want to discuss with local people what outcomes are most important to them.



# Group discussion

- What needs to be different about the way we measure success?
- How will we know if our new model of 'accountable' care is working?
- What is most important to us?
  - Our experience of using services
  - Our clinical outcome
  - How healthy we feel
  - How long we stay in hospital if we need to be there





# Shaping Health and Care

**Group Session 1:  
Outcomes for our new model of care**



# We hope you will have a chance to visit our marketplace stands today

- Patient Online
- Health and Social Care Connect
- Local Pharmaceutical Committee
- Quit 51
- Alcoholics Anonymous
- Coffee Pot Computing
- Home Start East Sussex
- Healthy Hastings and Rother
- Isabel Blackman Centre
- Making Every Contact Count
- Public Reference Forum
- Age UK
- Making Every Contact Count
- Urgent Care
- Welfare Benefits Project
- Southdown Housing
- Health Trainer Service
- Public Reference Forum
- Care for the Carers
- Horizons
- East Sussex Community Voice

*NHS Eastbourne, Hailsham and Seaford Clinical Commissioning Group*

*NHS Hastings and Rother Clinical Commissioning Group*

*East Sussex Healthcare NHS Trust*

*Sussex Partnership NHS Foundation Trust*





**Shaping Health and Care**

**Marketplace**

**Break - tea and coffee**



# Shaping Health and Care

**Group Session 2:  
Sharing decisions about our  
health care**





**Shaping Health and Care  
Using technology to support  
independence  
Angela Yphantides  
Strategic Commissioner, East Sussex County  
Council**



# Shaping Health and Care

## Group Session 3: Using technology to support independence



# **Shaping Health and Care**

**Reflections and staying involved**

**Barbara Beaton**

**Lay member for patient and public engagement,  
Hastings and Rother Clinical Commissioning Group**



# Staying involved

- Visit [eastsussex.gov.uk/esbt](https://eastsussex.gov.uk/esbt)
- Twitter **@HastRothCCG**
- Join our **ESBT** Public Reference Group
- Call us on 01273 485300



A blue-tinted photograph showing a group of people's hands clasped together on a table. In the background, a person is wearing a white lab coat. To the right, a small electronic device with a black cap and a silver body is visible on the table. The overall scene suggests a collaborative or supportive environment.

**Thank you for your time,  
energy and valuable  
contributions.**