



**Shaping Health and Care
Services
October 2014**



East Sussex Better Together



How your feedback informs local health and social care

You said	We did
We should invest more on prevention and target areas of need	We are investing in more GP visits to older people in their own homes as well as care homes to check on any health needs and help people stay healthy and independent as long as possible
We should link GPs with the voluntary and community services so they can refer patients to them for advice and support	We are developing a social prescribing pilot and expanding this further to invest in more services and linking the list of services available in the community with GP computer systems
We need a good system of services out of hospital to stop people going to A&E when they might not need to or being admitted to hospital when they could be better cared for at home	We are reviewing community and primary care services to achieve this goal and will build on all of your feedback to help with the design of out of hospital services that are better co-ordinated around the needs of people
You said that better patient and public education is needed to stop people wasting medicines that have been prescribed to them	We are rolling out the Electronic Prescription Service with the aim of improving the repeat prescribing process and reducing waste. We will work with local Patient Participation Groups to raise people's awareness of how they can improve their use of medicines
You said you wanted Shaping Health Services events to focus on health and social care	This Shaping Health Service event is jointly hosted by your CCG and East Sussex County Council who commission social care services

The local health and care landscape



- We spend around **£925 million** every year on commissioning health and social care (planning and buying the majority of local services)
- More than half the total spend is for people over 65 years.
- Patients over 85 years use on average health and social services equivalent to £8,180 per year as compared with £1,740 average for other age groups in East Sussex
- **Our population is growing, people are living much longer and developing multiple long term conditions** – the demand for local health and care services is growing faster than our budget

The local health and care landscape



- The services we provide at the moment, whilst often good, are not always the services that best meet the needs of how we live our lives today.
- So we need to work together to make sure we spend 100% of our money, funded by tax payers, better and more effectively so that every penny really counts.
- We want to think differently about how we meet the challenges of changing need and finite funding, and we want to do this together.
- **Doing nothing is not an option:** to carry on as we are will mean that by 2018 we will have a £100m funding gap in Eastbourne, Hailsham and Seaford alone (£240m across the county)



How we are working together to develop urgent and important change?

- We all have the ambition to improve local services and the health and wellbeing of local people. We know we can do this better by working even more closely together.
- We are coordinating how we design and commission safe, high quality and more integrated health and social care services that will meet the needs of people now and in the future.
- So, **East Sussex Better Together (ESBT)** is our programme within which the four commissioning organisations in the county are working together.
- We are ensuring a real focus on **investment in primary and community care** to enable the right changes to happen.



What are we all working towards?

Our shared vision is that within 3 years there will be a fully integrated health and social care economy in East Sussex that makes sure people receive proactive, joined up care, supporting them to live as independently as possible.

What will this look like?

- Improved health and well being in our communities with fewer health inequalities
- Our experiences of using services will be better
- Our staff will be working in a way that really makes the most of their dedication, skills and professionalism
- The cost of care will have been made affordable and sustainable and;

We will have secured the future of our NHS and social care

*NHS Hastings and Rother Clinical Commissioning Group
NHS Eastbourne, Hailsham and Seaford Clinical Commissioning Group
NHS High Weald Lewes Havens Clinical Commissioning Group*

for the next generation

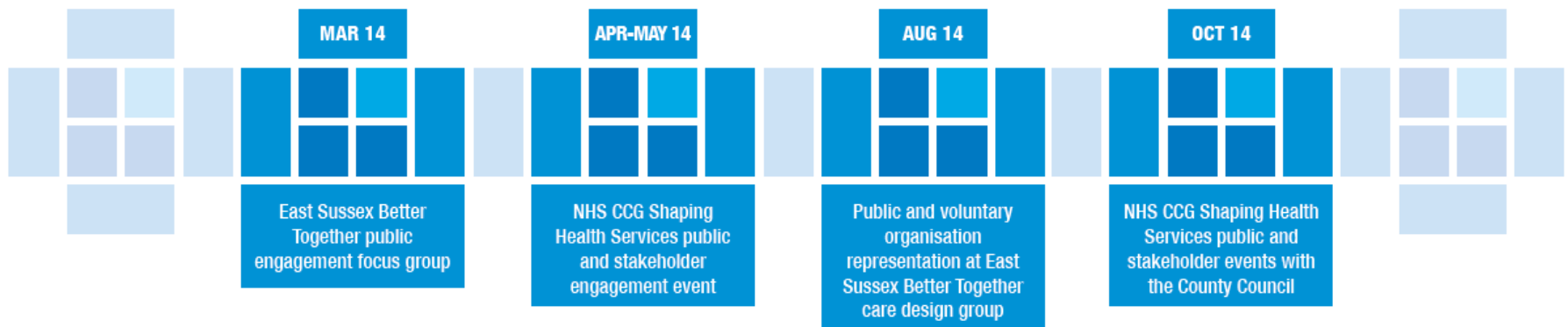




A snapshot of public engagement so far

On-going CCG and County Council public engagement continues including:

- Patient participation group forums,
- Critical Friends Partnership,
- Partnership Boards,
- Client and carer forums,
- East Sussex Seniors Association Health and Community Care Theme Group

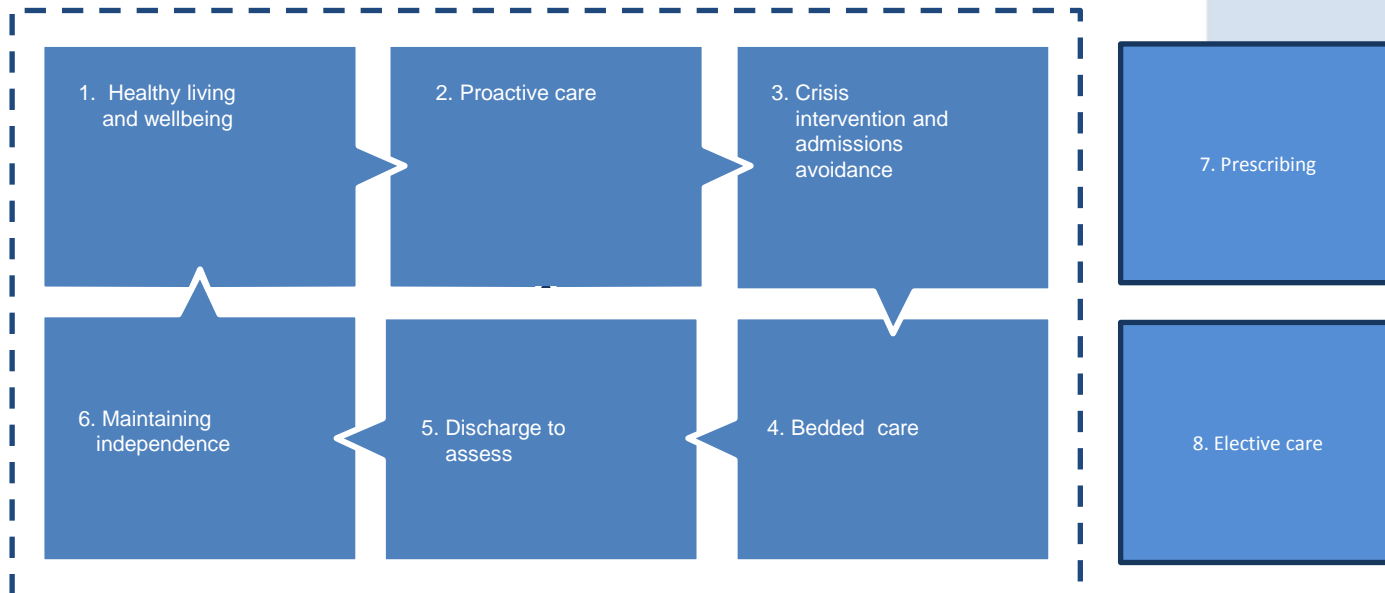




East Sussex Better Together – thinking differently

A single framework to bring together the entire spectrum of services people need to be fully supported at every stage of their health and care needs

- The first six boxes bring together our aspirations to focus on proactive care in order to meet people’s needs, make sure services are joined-up and prioritise services that help people be more independent.
- The second two focus on the very important aspects of ‘prescribing’ and ‘elective care’ (e.g. surgery and other planned care) where we believe we can make big improvements in value and service quality



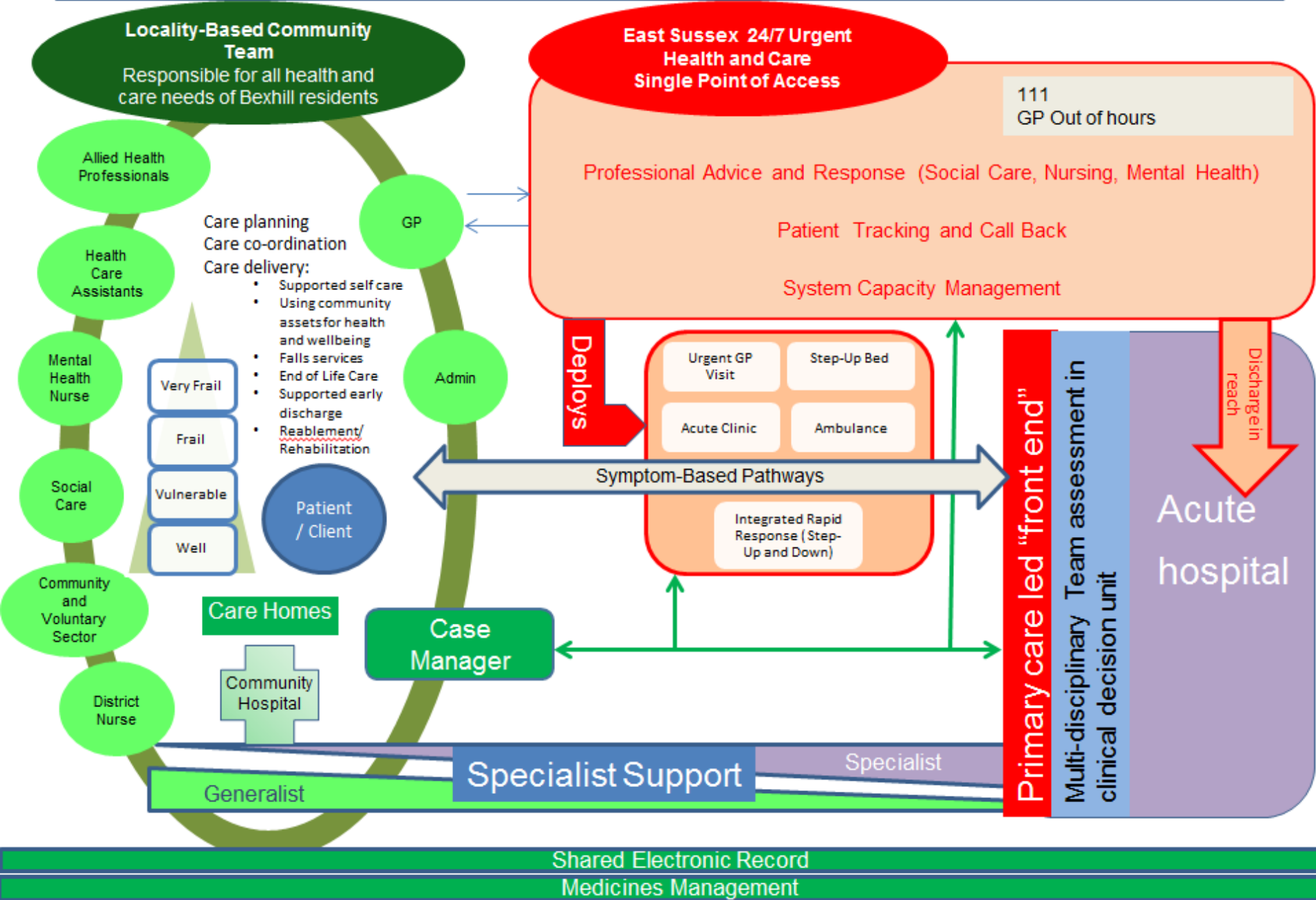


Words into action

The way we are bringing the 6+2 box model to life for local communities is through a Care Design Group (CDG) approach.

- Over 40 health and social care professionals, voluntary sector and patient and public representatives have come together in a care design group
- This is a process that helps us review local population's health needs and look at the services we need to commission to meet these needs.
- The issues identified in our first CDG included:
 - Numerous separate commissioning functions and initiatives in place
 - Multiple points of access for services
 - Lack of consistent coordination of health and social care
 - No single repository of services.

A complex picture





Emerging themes

Some **priority areas of focus** at this stage centre on the first 6 boxes, proactively caring for people, whatever their need:

- Community health and care team
- Single point of access for health and social care services
- How to access urgent care and support

Other **priority areas of focus** at this stage centre on ensuring excellent planned care and how we make best use of medicines