

Children and young people

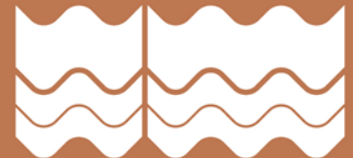


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East Sussex
County Council



Aims: you will...

- Improve your knowledge of data and outcomes for children and young people in East Sussex
- Improve your understanding of participation mechanisms
- Develop an action plan for improved participation



Data Quiz



Participation in East Sussex

- Mapping participation in East Sussex
- Participation Network in East Sussex
- Contact Tom.Goulden@eastsussex.gov.uk if you would like to be invited to Participation Network meetings



Voice of children and young people in East Sussex

County Wide - elected

Youth Cabinet
[ESCC]

Children in
Care
Council

Young
Inspectors
[Dormant]

Sussex
Youth
Commission

Download
Group
[CAMHS]

Youth Forum
(Youth
Employability
Service)

Scouts Young
People's
Voice (PAN
Sussex)

County Wide - unelected

District/Borough

Wealden
Youth Voice

Hastings
Youth
Forum

Town and Parish

Hastings
Youth
Council

Eastbourne
Youth
Forum
(YMCA)

Hailsham
Youth
Council

Crowboro-
ugh Youth
Council

Robertsbr-
i-dge Uth
Voice

Wadhurst
Youth
Council
?

Withyham
Youth
Council
?

Hartfield
Youth
Council
?

Groombrid-
ge Youth
Voice
?

Newhaven
Youth
People's
Forum
(SCDA)

Seaford
Youth
Forum/Seaf-
ord Young
Mayor

Ringmer
Youth
Voice
?

Icklesham,
Rye
Harbour, Winc-
helsea &
Winchelsea
Beach

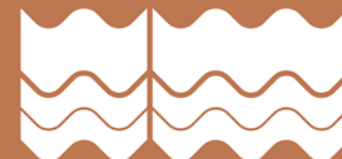
School level/Community

School
Councils

Reference
groups

LGBT
Research
Project

East Sussex
County Council



Youth Cabinet - who are they?

eastsussex.gov.uk

YOUTH CABINET ELECTIONS

Elected Candidates for the East Sussex Youth Cabinet 2015

Big VOTE 2015

 Alisa Brown	 Huda Caglayan	 Orla Phipps	 Stephanie Deans	 Emma Garrod
 Scott LaBouchardiere	 Melody Moorton	 Indya-jayne Wardle	 Joseph Fothergill	 Joshua Moreton
 Chloe Ayres	 Reuben Hayward-Brown	 Molly Edgley	 Jazir Kamal	 Tom Hemming
 Libby Russell	 Ella Rozier	 Mikey Loe	 Damian Cosgrove	 Harvey Hill

- 20 young people elected by their peers
- Represent the voice of young people

ISSUES



A curriculum to prepare us for life - 142,471

Tackling racism and religious discrimination - 123,944

Transport - 120,186

Votes at 16 - 112,687

Stop cuts that affect the NHS - 109,919

Mental health - 105,140

First Aid Education for All Young People - 101,009

Raising Awareness of Sexual Harassment in schools - 61,930

Body Image - 60,824

Fund our youth services, don't cut them - 40,106

Youth Cabinet - What do they do?

- Two main campaigns: mental health and online safety
- Regular monthly and ad hoc meetings where services are able to consult them
- UK Youth Parliament



Youth Cabinet - Digital Leaders

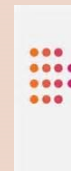
- Online with Childnet to become 'Digital Leaders'
- Facilitating e safety training for parents and teachers
- Producing a free recourse to accompany the training
- Presenting at a pan Sussex conference about e-safety

Working in partnership with



PRIORITY 1-54

Supported by



Youth Cabinet - mental health



eastsussex.gov.uk

East Sussex
County Council



How can you
best support
mental health
and emotional
wellbeing
at school?



**EAST SUSSEX
YOUTH
CABINET**



boingboing

Tips for teachers and staff in schools as recommended
by young people from the mental health participation
group, Download; the Youth Cabinet, and with help from
Lisa Buttery at boingboing www.boingboing.org.uk

Youth Cabinet - ad hoc consultation

- Accountable Care outcomes
- Local Safeguarding Children's Board Annual Report
- Immunisations
- ChatHealth Helpline
- Child sexual exploitation
- Libraries
- Hate Crime
- Religious Education
- Sexual Health



Pupil wellbeing survey

- 3 year survey of pupils (Public Health)
- Annual schools survey (Children's Services)
- Wellbeing and resilience questions

Youth Health Champions RSPH

- A peer education approach to health promotion, empowering young people to have a positive influence on their own health and the health of those around them.
- Teaches young people skills which include understanding the benefits of a healthy lifestyle, learning the skills to make healthier choices, .
- It can enhance young people's CV either in employment or with further education.

Participation: what does 'good' look like?

Questions to ask yourself:

How were their voices heard?

What happened next?

What's now changed for the better for them?

A way to measure levels of participation in your organisation



Good participation: over to you ...

Work in groups of 3 and 4 to complete the participation outcomes tool....



Good participation:



Friday 24
November



Reflection: 3 things to take away



Resources

- Equality and Participation Team

01273 335250 : Atiya.Gourlay@eastsussex.gov.uk : Nicola.Bryson@eastsussex.gov.uk

- Participation Works

<http://www.participationworks.org.uk/>

- OCC

<https://www.childrenscommissioner.gov.uk/takeover-challenge/>

