



# Welcome

# Shaping Health and Care

Sussex Coast College, Station Approach, Hastings  
3 May 2017



# Housekeeping



#ESBT  
#SHC17





# Agenda

- Welcome and introductions
- A personal story
- *East Sussex Better Together (ESBT) Alliance* – next steps
- Group 1: Checklist to decide our new model of accountable care
- Break and marketplace
- Group discussion 2: Outcomes framework – measuring our success
- Group discussion 3: Getting involved in your Locality
- Reflections from today and how to stay involved



# Welcome and Introduction

**Dr Susan Rae**

**GP Governing Body Member**



# Thank you for all your feedback so far

- You've helped make our ESBT programme a success through your **feedback, ideas and commitment** which is enabling us to work together in a more integrated way
- We're now closer than ever to achieving a **fully integrated and sustainable health and social care system** for local people
- Our **new model of accountable care** is the vehicle that will help us cross the 'finishing line' together and complete the transformation we began with back in August 2014





## ESBT: more integrated services becoming available for local people

- Crisis response service in place
- Frailty service in place
- Joint Community Rehabilitation Team in place
- Social Prescribing services in place – Welfare Benefits
- 41 Integrated Support Workers recruited
- 15 Proactive Care Practitioners recruited
- Falls assessor and falls prevention classes introduced as part of Falls and Fracture Prevention Service



## ESBT: snapshots of success

Joint Community  
Rehabilitation Team  
supports more than  
7,000 people ; 77%  
remained at home

**'It is so excellent that all  
of the different services  
are now in  
communication....(I) feel  
positive and supported'**  
*Frailty Service*

**'I was very stressed, on  
sleeping tablets. After  
speaking with the  
Welfare Benefits Project  
I felt that I had someone  
on my side who was  
listening to me'**



# ESBT: recognition and innovation

**Kent Surrey and Sussex Academic Health Network awards** for key projects to :

- Tackle health inequalities
- Involve the public in shaping services
- Provide enhanced frailty services



**Innovative ‘See What I See’ technology project** linking care homes residents with GPs for ‘virtual’ communication and assessments wins funding from the Health Foundation – pilot in EHS CCG





# A Personal Story

## Sheila's Journey



# East Sussex Better Together Alliance - next steps

**Amanda Philpott** Chief Officer, Hastings and Rother CCG and Eastbourne,  
Hailsham and Seaford CCG

**Keith Hinkley** Director of Adult Social Care and Health, East Sussex  
County Council



## ESBT - our progress so far



- We are already delivering a wide range of **integrated** services and working to **reduce health inequalities**
- But, **we need to do even more** to ensure services are affordable for the future, and that we can continually improve them.
- Our 150 week ESBT programme to transform health and care services is now moving from its first phase of establishing partnerships into ESBT Business as Usual, **your continued contribution is vital**



# Key changes in terms of investment

- We're at an important **tipping point between the old and the new**
- Our move to accountable care needs to address the **triple aims**:
  - Improve the quality and experience of patient care
  - Improve population health and well-being
  - Ensure financial sustainability and best use of resources
- This new approach will be **delivered through and designed around our localities**





## Fully integrated health and care

We reached a **milestone in April** when we began a 'test-bed' year of the *ESBT* Alliance to:

- assess the **best ways of formally working** even more closely together ('accountable care')
- deliver the **best health and care outcomes** for local people



## How we will work as ESBT Alliance

The things that matter in our governance structure include:

- Making sure our health and care services are commissioned based on people's needs and that we are accountable to our local populations
- Making sure local people are involved in the work that we do
- Making sure our staff are able to make the best decisions in the interests of people who use our services
- Making sure we work together to deliver good services now



# Stakeholder involvement

Within the ESBT Alliance structure we are setting up a new countywide, collaborative health and wellbeing stakeholder representative group as part of a new approach to involving and engaging stakeholders in strategic planning. We want to:

- Make sure that stakeholders can contribute to the decision-making process
- Continue to use a range of engagement methods and activities to help us shape our new integrated system and improve services
- Improve links between existing groups and forums
- Make best use of the information and views we gather



## Some legal vehicles for working together

- Prime Provider/Prime Contractor
- Provider Collaboration/Contractual Joint Venture
- Alliancing: Commissioners and Providers
- Forms of merger or new organisation

**We want to decide the best vehicle in July 2017**





# What criteria will help us decide on the legal form and the model?

## 7 broad criteria:

- Transformation
- Quality and Safety
- Access and Choice
- Financial Sustainability
- Governance and Accountability
- Clinical and Professional Sustainability
- Deliverability





# Our developing ESBT Outcomes Framework

1) Population health and wellbeing

2) The experience of local people

**ESBT Alliance**

3) Transformed services – better use of resources

4) Quality care and services



## Group discussions

- 1. Checklist to help us decide our new model of accountable care**
- 2. Outcomes framework – measuring our success**
- 3. Getting involved in your Locality**



**Group Session 1:  
Checklist to decide our new model  
of accountable care**



## Checklist to help us decide our new model of care

- During the test-bed year we are looking towards the future and the best option for formally bringing together the ESBT Alliance organisations.
- We have developed a checklist to help us decide this.
- We need your help to see if we've got it right.



**Shaping Health and Care  
Marketplace  
Break - tea and coffee**



## We hope you will have a chance to visit our marketplace stands today

- Healthwatch
- Home Works
- Support with Confidence
- Isabel Blackman Centre
- Health and Social Care Connect
- Healthy Hastings and Rother
- ESBT Alliance
- East Sussex Local Pharmaceutical Committee
- Sexual Health
- You Said, We Did
- Patient Online
- Age UK



**Group Session 2:  
Outcomes framework –  
measuring our success**



# Outcomes Framework



- At the autumn Shaping Health and Care events, we developed outcomes together that have fed into the outcomes framework we present to you today
- This is a tool to help link what we do (our activities) to what we want to achieve (our outcomes)
- The draft outcomes framework is being piloted in 2017/18 through engagement activities with local people and staff.
- We are bringing it to the round table discussion today to find out what you think of it



**Group session 3:  
Getting involved in Locality  
Planning**



## Planning services in Localities



- Defined **geographical areas**
- A place to **plan** and **deliver** services
- Includes **primary, community social care and mental health services**
- Will have resources to care for people **in the community** and pay for **more specialist care when needed**
- Make best use of scarce **resources and skills**



# Identifying priorities for locality planning

## What is locality planning?

- A broad range of stakeholders come together to share knowledge and experience to create services which most effectively support local people.
- An opportunity to identify key professionals within each locality who can take that work forward.

## What does this mean for you?

- New opportunities to get involved in planning support services.

## What do we need from you?

- Invaluable insight into the quality of support services in your local community
- Intelligence about ways of joint working across the voluntary and community sector, integrated Locality Teams, local business and wider partners.

**This will help us to co-design services to improve health and care outcomes.**



# Reflections and staying involved

**Barbara Beaton**

**Lay member for patient and public  
engagement, Hastings and Rother Clinical  
Commissioning Group**



## Staying involved

- Visit [eastsussex.gov.uk/esbt](http://eastsussex.gov.uk/esbt)
- Twitter **@HastRothCCG**
- Join our **ESBT** Public Reference Forum
- Call us on 01273 485300
- Come to our next Shaping Health and Care Event, **Wednesday, 1 November, 2017**



**Thank you for your time,  
energy and valuable  
contributions.**

**See you in the autumn...**